# Seconds Matter: Exploring the Timeframe for Music Preferences

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# BACKGROUND

Studies have shown that individuals can recognise music genres in 250 ms (Gjerdingen & Perrott, 2008), and discern emotional undertones within a second (Vieillard et al, 2003) providing insight into how quickly listeners interpret musical elements, potentially influencing their preference formation, aligning with our aim of understanding rapid music preference formation.

# AIM(s)

This study aims to explore how quickly music preferences form and to evaluate if higher musicality leads to rapid, more consistent music preference decisions.

## **METHODS**

We collected 50 diverse songs, extracted excerpts of different lengths (0.25, 0.50, 0.75, 1.00, 3.00, 8.00 seconds) from their beginnings, and arranged them into six duration blocks, each containing 50 lyric-free excerpts. The sequence of excerpts in each block was randomized.

51 participants (mean age=19.9 years, std=2.56; 35 males) rated preference on a 7-point Likert scale in addition to familiarity rating ('yes,' 'maybe,' 'no') of excerpts. They also undertook the mini-PROMS musicality test (Zentner & Strauss, 2017).

We discarded familiar songs (10 % of the responses across all participants) from our analysis. Considering the ratings of 8-second excerpts as an accurate reflection of the participant's preference, we calculated Spearman correlations between ratings of all duration blocks with those of the 8-second block participant-wise and pooled them to get a group-level aggregate. Then, for each participant, we calculated the standard deviation of ratings for each song across different duration blocks and computed the mean, which represented a preference consistency score (lower score indicates higher consistency). Spearman correlation was performed between preference consistency scores and musicality scores.

### RESULTS

The maximum correlation of ratings was found between 3 and 8 seconds block (p-value=0.005). The correlation between musicality and preference consistency score was -0.3829 (p=0.006).

### DISCUSSION

The result shows the impact of the first 3 seconds on music preferences. Additionally, higher musicality leads to more consistent preference decisions, indicating musicians' ability to discern nuanced elements that may contribute to their preferences.

### REFERENCES

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